

Communication toolkit:home-based care for bedridden patients

Karuna Evam Shanti Vahini Foundation (KeSVF) has developed a communication tool-kit (a series of 6 flipcharts) that guides on basic home-based care of patients that are bedridden. The flipcharts, developed in a participatory manner by engaging with patients from our project, that of our partner organization, as well as our field, have been vetted by doctors from the Chinchpada Christian Hospital who are qualified in palliative care. Due consent has been followed while developing this tool-kit.

The flip charts cover the following topics:

1. Personal Hygiene: Oral Care, Hair and Nail Care
2. Personal Hygiene: Bath and Bowel Care
3. Back Care
4. Cleanliness, Diet, Exercise
5. Managing Symptoms: Vomiting and Nausea, Wounds, Breathlessness
6. Managing Symptoms: Constipation and Diarrhoea, Pain

The flipcharts have been developed keeping in mind low-resource settings, such as remote tribal or rural areas. They are intended to support the work of field outreach workers, who can use them to train caregivers of patients, as well as the community in general.



The flipcharts are currently available in English and Marathi and are a free resource for anyone to use. Print-ready software for replication can be provided by KeSVF on request by writing to parag@karunashanti.in. We request an acknowledgement to our Foundation when replicating the materials for use.

We hope these are of use to you, your teams and your communities!